

# **FATS 2007**

**The 28<sup>th</sup> Finnish Aesthetic Teaching Symposium**

**Main topic: Refinements in Body Contouring**

**August 20<sup>th</sup> – 22<sup>nd</sup>, 2007**

**Siluetti, Hospital of Aesthetic Surgery  
Keskuskatu 6, 8<sup>th</sup> floor  
00100 HELSINKI  
Finland**

# FATS 2007

## The 28<sup>th</sup> Finnish Aesthetic Teaching Symposium

### Main topics:

- Refinements in Body Contouring
  - Treatment Planning
  - The Art of Liposculpturing
  - Body Contouring procedures
  - Complications in Body Contouring

August 20<sup>th</sup> – 22<sup>nd</sup>, 2007  
Siluetti, Helsinki, Finland

### Faculty:

Mr. Constantino G. Mendieta M.D. (USA)  
Mr. Kai Lassila, M.D.  
Mr. Stephan Dietz, M.D.  
Mr. Matti Pakkanen M.D., Ph.D.  
Mr. Timo Pakkanen M.D., Ph.D.  
Mr. Tatu Tarkka M.D.  
Mr. Pentscho Popov M.D.

### Program Coordinators:

Ms. Liisa Savolainen, Secretary  
Ms. Mia Pentinmikko

### Sponsorship:

**The Finnish Society of Aesthetic Plastic Surgery**

(<http://www.suomenesteettisenkirurgianyhdistys.fi>)

**Siluetti, Hospital of Aesthetic Surgery**

Keskuskatu 6, 8<sup>th</sup> floor

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Finland

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### Learning Objective:

**Participants will be able to discuss and identify advancements, improvements and complications of various aspects of body contouring.**

## FATS

**The Finnish Aesthetic Teaching Symposium** has a long history of hands-on teaching in plastic surgery. Many internationally well known plastic surgeons have attended our meetings and presented the latest techniques in aesthetic surgery. Just to mention a few: Gilbert Aiach, Ricardo Barudi, Louis Benelli, Thierry Besins, Henri Delmar, Robert Ersek, Yhelda Felicio, Antonio Fuente del Campo, Jose Gerosantos, Per Hedén, Gerald Illouz, Darina Krastinova, Jaques Levignac, William J. Little, Deirdre Marschall, Riccardo Mazzola, Rodolfe Meyer, Fredrick Nicolle, Julien Reich, Kirill Pshenisnov, Luiz S. Toledo, Frank Trepsat, Carlos Uebel. Anthony Wolfe, Manuel Yudovich etc.

The aim of our meetings has been to update plastic surgeons in current surgical practices and to emphasize the underlying anatomical and functional principles of procedures. We have been able to attract outstanding plastic surgeons from all over the world. Participants will benefit from the experience and skills of these senior colleagues not only by listening to their presentations but also by observing and assisting in operations. Because of the hands on nature of the meeting we will have to limit the number of participants to 30. We welcome you all to Siluetti and to the beautiful city of Helsinki, The Daughter of The Baltic.

 **SILUETTI** is a modern, private hospital in the centre of Helsinki. The hospital was designed for plastic surgery and has the latest equipment necessary for the most complicated procedures. Plastic surgery is only performed by highly qualified plastic surgeons assisted by equally experienced nurses and other medical staff. The Hospital performs microsurgical, laser, cranio-maxillofacial, orthognatic, bone distraction, secondary facial surgery, reconstructive and aesthetic plastic surgery etc. The patients are evaluated pre and post operatively by a multidisciplinary team of doctors and other health care specialists like cosmetologists if needed. This team approach ensures maximal safety and optimal operative results for the patient. ([www.siluetti.fi](http://www.siluetti.fi))

**The registration is limited to 30 participants.**

**Registration Information: Last day of registration, July 30<sup>th</sup>, 2007.**

Registration form should be faxed or mailed to Ms. Liisa Savolainen. Registration will be confirmed via email with bank account number.

**Ms. Liisa Savolainen**  
**Siluetti, Hospital of Aesthetic Surgery**  
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**00100 HELSINKI, Finland**  
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**Email: [liisa.savolainen@siluetti.fi](mailto:liisa.savolainen@siluetti.fi)**

**Venue: Siluetti, Hospital of Aesthetic Surgery**  
**Keskuskatu 6, 8<sup>th</sup> floor**  
**00100 Helsinki, Finland**

**Program** *(all rights reserved)***Monday, August 20<sup>th</sup>, 2007**

- 08:00**                      **Registration and coffee**
- 09:00**                      **Welcome and Introductory Remarks**  
Matti Pakkanen, M.D., Ph.D.
- 09:30**                      **Introduction of the patients of the day**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D., Kai Lassila, M.D., Pentscho Popov M.D.,  
Timo Pakkanen, M.D., Ph.D., Tatu Tarkka, M.D.
- 10:30**                      **Body Contouring (OR 2)**  
Constantino G. Mendieta, M.D.,  
Timo Pakkanen, M.D.Ph.D.,  
Kai Lassila, M.D.
- 12:00**                      **LUNCH**
- 13.00**                      **Liposculpturing (OR 1)**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D.,  
Tatu Tarkka, M.D.
- 15.00**                      **Liposculpturing (OR 3)**  
Constantino G. Mendieta, M.D.,  
Timo Pakkanen, M.D., Ph.D.,  
Kai Lassila, M.D.
- 16.45**                      **COFFEE BREAK**
- 17:00**                      **Discussion**

**Tuesday, August 21<sup>st</sup>, 2007**

- 07:30**                      **Breakfast**
- 08:00**                      **Introduction of the patients of the day and interviewing patients operated on the previous day**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D., Kai Lassila, M.D., Pentscho Popov M.D.,  
Timo Pakkanen, M.D., Ph.D., Tatu Tarkka, M.D.
- 09:30**                      **Body Contouring (OR 2)**  
Constantino G. Mendieta, M.D.,  
Timo Pakkanen, M.D., Ph.D.,  
Kai Lassila, M.D.
- 12:00**                      **LUNCH**
- 13.00**                      **Liposculpturing (OR 1)**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D.,  
Tatu Tarkka, M.D.
- 13.00**                      **Liposculpturing (OR 3)**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D.,  
Tatu Tarkka, M.D.
- 16.45**                      **COFFEE BREAK**
- 17:00**                      **Discussion**
- 18:30**                      **Social Event**

**Wednesday, August 22<sup>nd</sup>, 2007**

- 08:00**                      **Breakfast**
- 08:00**                      **Interviewing patients operated on the previous day**  
Constantino G. Mendieta, M.D.,  
Stephan Dietz, M.D., Kai Lassila, M.D., Pentscho Popov M.D.,  
Timo Pakkanen, M.D. Ph.D., Tatu Tarkka, M.D.
- 09:00**                      **Refinements in Body Contouring**  
Constantino G. Mendieta, M.D.
- 10:00**                      **COFFEE BREAK**
- 10:15**                      **Refinements in Body Contouring**  
Constantino G. Mendieta, M.D.
- 12:00**                      **LUNCH**
- 13:30**                      **Refinements in Body Contouring**  
Constantino G. Mendieta, M.D.
- 15:00**                      **Coffee**
- 15:30**                      **Refinements in Body Contouring**  
Constantino G. Mendieta, M.D.
- 16:00**                      **Evaluation of the Course and Discussion**
- 16:30**                      **Adjourn**

# REGISTRATION FORM

**28<sup>th</sup> FATS**  
**August 20<sup>th</sup> – 22<sup>nd</sup>, 2007**  
Siluetti, Helsinki, Finland

**Course topic: Refinements in Body contouring**

## **The Finnish Aesthetic Teaching Symposium**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_ City: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Specialty: \_\_\_\_\_

**Email** \_\_\_\_\_

Registration form should be sent by fax or by post. Registration will be confirmed via email with bank account number.

Registration fee before July 30<sup>th</sup>, 2007:  900 €  
 700 € resident / fellow  
(please, attach a letter of verification from your training program director)

Please indicate your attendance at the Symposium's social Event

August 21<sup>st</sup>, 2007  Social Event, Restaurant

Registration fee includes an attendance at the Restaurant, Social Event and Sauna.

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**00100 Helsinki, Finland**

**Phone: +358 9 684 4800**  
**Fax: +358 9 684 480 44**  
**Email: liisa.savolainen@siluetti.fi**

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**CANCELLATION:**  
**30 % of the registration fees will be refunded in case of cancellation before July 30<sup>th</sup>, 2007. After this date, there will be no refund.**